

Get measured up!

Turnout Sizing Guide



Use the following measurement guidelines to ensure the best LION turnout gear fit.

General Measuring Tips:

Measure **OVER** any clothing that will be worn under your gear. If your measurements fall between two sizes, order the larger size. If possible, also use a LION turnout gear sizing set to double-check your fit. To accurately take turnout measurements, reference the list below.

NOTE: Men require measurement points 1 through 4, while women also require measurement point 5.

CHEST SIZE (1) Available only in even sizes

- Have the wearer take a deep breath and fill the lungs before measuring.
- Measure over clothing around the fullest part of the chest with the arms at rest. Round up to closest even size.

SLEEVE LENGTH (2)

- Have the wearer hold arm straight down at side.
- Measure from the base of the back of the neck, over the shoulder and down the arm to the top knuckle of the little finger where it joins the hand.

WAIST (3)

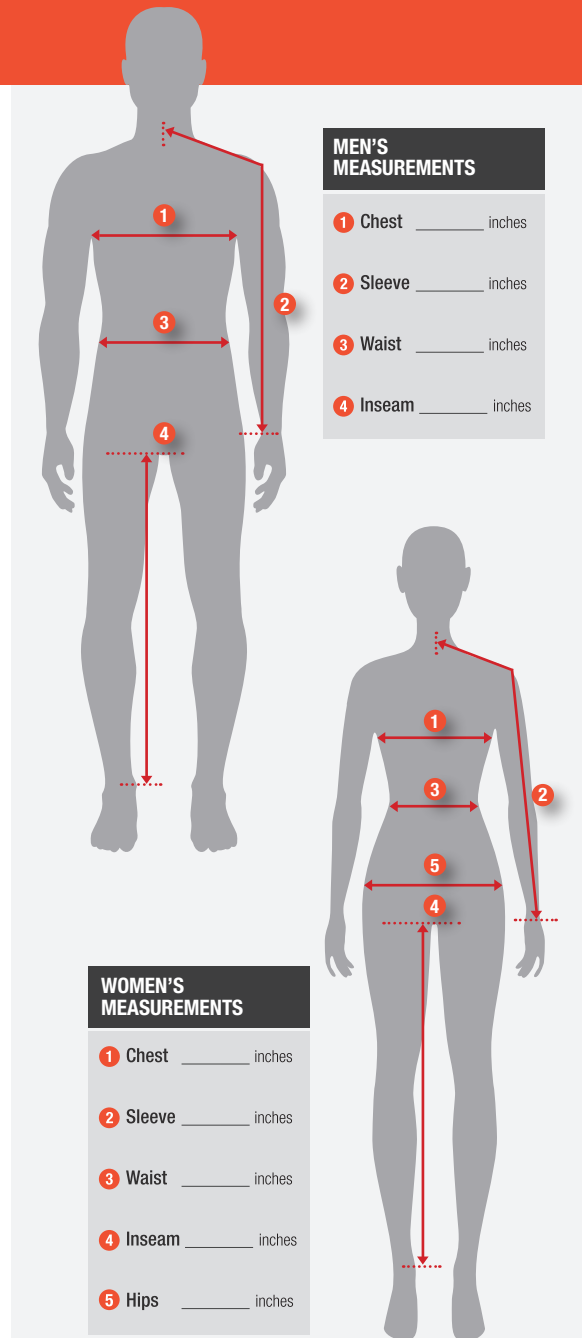
- Waist is measured above pants waist or belt, directly over navel, snug. Round up to closest even size.

INSEAM (4)

- Turnout inseams should be shorter than the wearer's "street length" to prevent damage to cuffs and stress at seat seams.
- Measure from the crotch down the inside of the leg to bottom of ankle bone.
- Round down to nearest standard inseam length.

WOMEN'S SIZING (5)

- Remember to specify coat, sleeve and inseam lengths for women.
- Include a hip measurement to ensure proper fit. Measure around the fullest part of the hip area (usually 7" to 8" below the waist).



E-ZGear Rental[™]
from LION TotalCare[®]

Questions about proper gear sizing or LION E-ZGear Rental? Contact our **Houston TotalCare Center** at **713.644.7400** or visit us online at **www.ezgearrental.com**.